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Dr. Soliman Fakeeh

### Editor-in-Chief

Dr. Abdelhameed Agha

### Editorial Board

Dr. Andrew Wild

Dr. Armand Agababian

Ms. Glenda Adcox

## Message from the Editorial Board



Welcome to the "Pioneers" world; the world of Dr. Soliman Fakeeh Hospital. Since we started, we tried this newsletter to be the voice of DSFH covering our forwarding feats and continuing to be the key of communication among all of us. And recently, we were astounded to discover how this newsletter benefits each one of us & so the hospital's success itself.

"The Pioneers" serves as our archives for all our achievements which we are very proud of to be part of it. We felt the joy & satisfaction experienced by our staff considering themselves and/or their articles being published in our quarterly editions.

It became also our tool in communicating to the outside world and the glory we feel seeing our newsletter in the hands of our visitors & patients are indescribable emotions; explaining to them what's going on in the hospital, giving them answers to most of their doubts & introducing to them comprehensible medical education news. This is how we came up with the idea of expanding our focus to the issuance of a complete magazine under the name of DSFH in the near future.

We cover in this issue some of DSFH achievements for the 1st quarter of this year including the First National Nursing Symposium entitled "Nursing for Quality Care" and how DSFH shared in the Celebration of World Tuberculosis Day & Anti-obesity Campaign. It also includes the partnership agreement between Siemens & DSFH for the purpose of a complete healthcare Hospital Information System.

"Our triumphs are continuous and so are our endeavors in providing hope and we will remain to serve as the market landmark of "The Pioneers".

Dr. Abdelhameed Agha  
Editor-in-Chief

## Kidney Transplantation Center Accreditation Awarded to DSFH



Dr. Soliman Fakeeh Hospital's Kidney Transplantation Center has been accredited by the Saudi Center for Organ Transplantation (SCOT). The SCOT committee evaluated DSFH Kidney Transplantation Center in terms of its human resources, diagnosis, treatment and technical equipments, As a result of this accreditation; the hospital has been licensed to perform Kidney transplantations.

## DSFH Kidney Transplantation Program

Kidney transplantation should be strongly considered for all patients who are medically suitable with chronic and end-stage renal disease (ESRD). A successful kidney transplant offers enhanced quality and duration of life and is more effective (medically and economically) than chronic dialysis therapy.

**The most common etiologies of ESRD leading to kidney transplantation are:**

- Diabetes
- Hypertension
- Stone disease
- Chronic glomerulonephritis
- Hereditary diseases
- Interstitial nephritis

**Types of donors:**

### **A - Living donors**

- 1- The genetically related donor
- 2- The emotionally related donor
- 3- The unrelated non-directed donor

### **B - Cadavers**

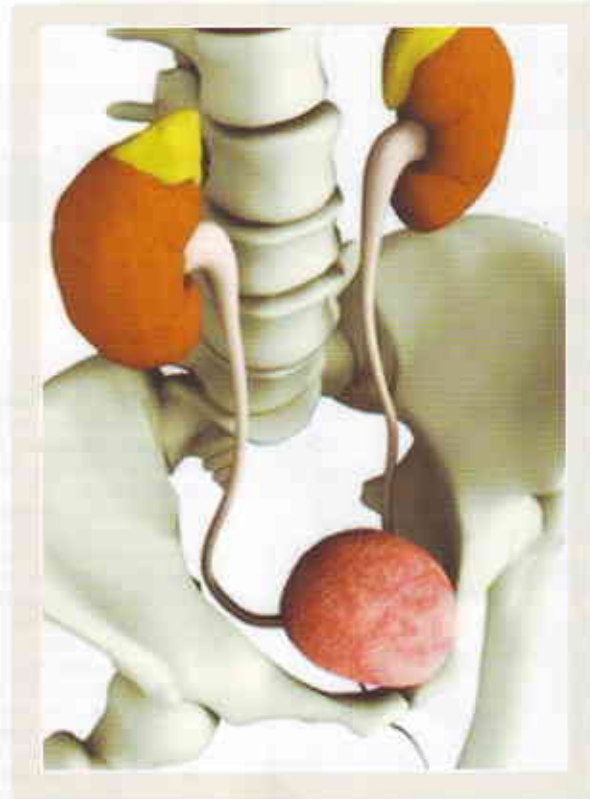
- 1- Heart beating brain-dead cadavers
- 2- Non-heart beating cadaver donors

**Renal Transplant Living Donor Criteria:**

- 1- Compatible ABO and tissue typing with potential recipient
- 2- Age range 18 – 65 years
- 3- Medical and psychosocial suitability

**Contraindications to Donation:**

- 1- Persons with a single kidney or kidney anomalies
- 2- History of kidney disease or renal insufficiency
- 3- Disease process, such as but not limited to: Hepatitis, Cancer, HIV, TB
- 4- Hypertension
- 5- Diabetes
- 6- Active substance abuse
- 7- History of psychosocial instability



**Patients Excluded from Our Transplantation Program:**

1. Age over 70 years
2. Patients with unresolved malignancies
3. Patients with an active infectious process
4. HIV - positive patients
5. Significant chronic liver, cardiac or respiratory diseases.
6. Active substance abusers

### **Kidney Transplantation Program at Dr. Soliman Fakeeh Hospital**

Dr. Soliman Fakeeh Hospital is the first private Hospital in the Kingdom of Saudi Arabia to take the initiative of embarking on a Kidney Transplantation Program.

DSFH Kidney Transplantation Program has been awarded SCOT (Saudi Center for Organ Transplantation) accreditation

*For more information, please contact:*

*Dr. Samir Sally, Internal Medicine Department Director/Consultant Nephrologist, Ext: 4008*

*Dr. Nabeel Nezamuddin, Head of Liver & Kidney Transplant Program/Consultant in Organ Transplantation and Laparoscopic Surgery, Ext: 4001*



## BODY CENTRAL Your Health & Beauty Resource

Recently, we opened "Body Central", our health and beauty department, offering a wide range of medicated cosmetics and pharmaceuticals, under the supervision of our experienced consultants.

Services that can be provided through Body Central:

### Care of the Skin:

- Wrinkles; puffiness
- Peri-orbital pigmentation
- Post acne scars and pigmentation
- Problems of dry, oily, sensitive skin
- Facial care programs
- Facial peel
- Micro-peel crystals
- Facial masks (anti-wrinkle, whitening, and oily skin)
- Botox injection
- Fillers
- Mesotherapy
- Melasma, freckles

### Hair care

- Hair Fall
- Different hair problems; dry, oily, weak, slit ends
- Treatment of diseases affecting hair; alopecia, baldness

### Nail care

- Weakness, brittleness
- Change in color
- Ridging, pitting



- Treatment of nail diseases; psoriasis; onychomycosis

### Body care

- Increased skin tanning
- Redundant skin
- Striae; stretch marks
- Dryness

### Special care programs for:

- Pregnant and lactating women
- Newborn babies (neonates)
- Elderly age group (geriatrics)

**For more information, please contact Body Central, Ext: 1204**

## Raising Healthy Eaters

The next generation is on the verge of a health disaster, with fat and salt-soaked fast food, and a couch potato lifestyle being blamed for hordes of overweight school children. If parents do not do something about their obese children, they will be outliving them. The younger you are when you become obese, the worse the serious, long-lasting ill effects. Fatter children rapidly develop Type 2 diabetes when they are teenagers. Until recently, this disease has only occurred in adults. Children under the age of 12 cannot be expected to make educated choices, yet they are being bombarded by advertising that encourages them to believe that eating sweet and salty snacks and fizzy drinks is natural. Parents can only influence their children by example; so, if a child sees parents enjoying fruit and vegetables, they may be tempted to enjoy them too. Parents should also

work hard to make fruit and vegetables appear appetizing and tasty. It is also important not to push children to eat more food when they feel full. Parents who overfeed young children are leading them to weight problems in later life. Young babies should be introduced to pureed vegetables and fruit when the doctor advises they are ready to be weaned. Try making your children a healthy, brightly colored fruit salad ready for them to eat when they return home from school. Many children spend hours a day in front of the television or computer screen, snacking on high-sugar foods; so, avoid letting your child become a sugar addict by banning high-sugar snacks from the house. For some children, obesity brings not just health worries, but a string of problems such as low self-esteem and failure to enjoy sports at school.

**Dr Armand Agababian, MRCP, DCH Deputy CMO/Director of Pediatrics**

## **How to Apply for a Job Vacancy at Dr. Soliman Fakeeh Hospital**

Job vacancies are regularly advertised in local newspapers and on our hospital website. You are welcome to apply for any position that is suited to your qualifications. Successful applicants will only be contacted if invited for interview. All necessary forms are available in Human Resources Department or can be downloaded from our website

[www.drfakeehhospital.com](http://www.drfakeehhospital.com)

### **Submit your application**

All the requirements listed below categorized by job positions must be forwarded directly to Human Resources Department. An applicant must meet the published requirements to be considered for the position. All information released is strictly confidential and documents supplied become the property of DSFH.

### **Physician Positions:**

Application form; Curriculum vitae; copy of academic certificates; copy of professional experience; copy of original license with original Saudi Council for Health Spe-

cialties (if available); filled clinical privileging form (according to field of specialization; copy of passport, iqama or ID.

### **Administrative Positions:**

Application Form; Curriculum vitae; copy of academic certificates; copy of professional license; copy of passport, iqama or ID.

### **Paramedical Positions:**

Application form, Curriculum vitae, copy of academic certificates, copy of professional experience, copy of original license with original Saudi Council for Health Specialties (if available), copy of passport, iqama or ID.

### **Contact information:**

Mail: Human Resources Department  
Dr. Soliman Fakeeh Hospital  
P.O. Box 2537, Jeddah 21461  
K.S.A

Fax : +966 2 6632251

Tel : +966 2 6655000

Email: [hr@drfakeehhospital.com](mailto:hr@drfakeehhospital.com)

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*For more information please call Human Resources Department*

## **Credentialing & Privileging Committee**

The Credentialing & Privileging Committee aims to review and evaluate competency documents given by a healthcare provider with the presence of field experts to ensure their suitability for the post and grant them privileges to provide specific medical care, - the so-called "clinical privileges".

The Credentialing & Privileging Committee consists of the Chairman, Chief Medical Officer and/or his deputy, Physician Members, Human Resources Director, Coordinator and Secretary. This group is responsible for making recommendations to the General Director in granting or denying membership and/or clinical privileges to a particular practitioner. The C&P committee also has the right to revoke clinical privileges granted to a physician if any

evidence of incompetence is reported. In general, Credentialing & Privileging Committee follows ensures a continuous monitoring mechanism which includes:

Credentialing - the process of obtaining, verifying and assessing the qualifications of a healthcare practitioner to provide patient services.

Privileging - the process of permission granted to all newly-appointed physicians to provide specific medical care for 90 days (Provisional Privileges), renewable for 2 years subject to passing the probationary period. Additional privileges requested by a physician shall pass through a formal *Re-privileging Process*. Qualifications earned by practitioners during their tenure are recommended for *promotion*.

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*For more information, please contact Dr. Abdelhameed Agha, Credentialing & Privileging Coordinator, Ext: 7019*

## DSFH Continuous Medical Education (CME) Program

DSFH Continuous Medical Education program for the next three months was planned to highlight important medical issues related to practice, and to emphasize management pathways and guidelines.

The following is the CME schedule for the next three months:

No.	Title	Speaker	Date	Credit hour
1	Bone Densitometry; Clinical Applications	Dr. Mokhtar Zamzami Consultant in Radiology & Nuclear Medicine	April 17 , 2007	1 hour
2	Non-surgical Interventions in Congenital Heart Disease	Dr. Hossam El Ghetany Consultant Cardiologist	May 22 , 2007	1 hour
3	Management of Dyspnea in the Emergency Department	Dr. Magdy Khalil Consultant Pulmonologist	June 19 , 2007	1 hour

For more information, please contact Dr. Hesham Salah El-Din, MD, FCCP, Director of Education Department.

### CME Approval from Saudi Council for Health Specialties



DSFH Education Section has obtained Certification from the *Saudi Council for Health Specialties* to introduce a series of lectures in the Hospital under our continuous Medical Education Program (CME). The Saudi Council agreed to award one hour continuous medical education credit for each one-hour lecture – not to exceed ten hours per year. Furthermore, the official DSFH accreditation number must be referenced in all Newsletters, Announcements, Flyers and Certification of Attendance letters (official accreditation No 0258/2006, Date 13-1-1427 H).

### Recommended E-Sites

#### Occupational Safety and Health Administration:

Aims at ensuring worker safety and health by working with employers and employees to create better working environments

<http://www.osha.gov>



#### National Fire Protection Association:

Provides reliable, up-to-date, and authoritative information on fire, electrical, and building safety

<http://www.nfpa.org>



**National Fire Protection Association**

The authority on fire, electrical, and building safety

#### The American Lung Association ®

is the oldest voluntary health organization in the United States. Founded in 1904 to fight tuberculosis, today fights lung disease in all its forms, with special emphasis on asthma, tobacco control and environmental health.

<http://www.lungusa.org>



#### The American Obesity Association

is the obesity organization focuses on changing public policy and perceptions about obesity.

<http://www.obesity.org>



For more information, please contact Mrs. Hana Al Osta, Head of Medical Library, Ext: 3023



## World Tuberculosis Day

Surprisingly, in our world today, someone is newly infected with TB bacilli every second.

The Hospital joined the global campaign to prevent tuberculosis, by celebrating the World Tuberculosis Day on March 24, this year. It was on this day, in 1882, that Dr. Robert Kock, in Berlin, astounded the scientific community by announcing that he had discovered the cause of tuberculosis, the TB bacillus. The campaign which included lectures in both Arabic and English was aimed at orienting our staff, together with the public on tuberculosis, its prevention and complications. The event was very successful with quality presentations and interactive Q&A sessions.

الدرن يمكن شفاؤه و كذلك منع انتشاره  
Tuberculosis is preventable and curable. FUND THE GLOBAL PLAN TO STOP IT

**TB ANYWHERE IS EVERYWHERE**

**INVEST \* RESEARCH \* ACT**

يوم الدرن العالمي 24 مارس 2007,  
الدرن: أينما كان فهو في كل مكان

**WORLD TB DAY 2007**  
24 March 2007

5:00 PM to 6:00 PM- English Lectures  
6:00 PM to 7:00 PM- Arabic Lectures  
7th Floor Pedia Bldg Auditorium

محاضرات باللغة الإنجليزية من 5 مساءً إلى 6 مساءً  
محاضرات باللغة العربية من 6 مساءً إلى 7 مساءً

مستشفى الدكتور سليمان فقيه  
Dr. Soliman Fakeeh Hospital

Joint Commission  
INTERNATIONAL

## Anti-Obesity Campaign

Obesity is a worldwide public health problem. Its etiology is complex and multi-factorial, involving both environmental and genetic components.

On March 14th, the Patient and Family Education Department organized an anti-obesity campaign.

It was the perfect day to renew our efforts in fighting obesity. All Hospital staff and visitors were invited to join the campaign, which aimed at orienting people on obesity, its complications and management.

The event included multiple activities, including body mass index assessment, blood sugar testing and data show presentations.

**Lectures given in English and Arabic included:**

- Surgical Management of Morbid Obesity by: Dr. Fawzi Enani, General Surgery Consultant
- Obesity, the Challenge of the Century by: Dr. Adel Abdelrahman, Internal Medicine Consultant.
- Obesity in Our Society by: Mdm. Amna Malik, Head of Food Services & Clinical Dietetics Section.
- The Prevention of Obesity by : Dr. Abdelrahman Al Sheikh, Internal Medicine and Endocrinology Consultant.

The event was concluded by serving a healthy low-fat, low-calorie dinner to patients and staff!!

حملة التوعية ضد السمنة  
Obesity Awareness Campaign

OBESITY...  
makes a BIG difference...  
LET'S STOP IT!

السمنة تسببها اختلال كبير  
نحتاج تغييرها

مستشفى الدكتور سليمان فقيه  
Dr. Soliman Fakeeh Hospital

Joint Commission  
INTERNATIONAL

## Honor Board



**JCI Team Leader of the Month**  
**Dr. Samir Sally**  
Internal Medicine Department Director  
Consultant Nephrologist

DSFH seeks to provide fair consideration, rewards and recognition to all staff. Also, by providing a sense of partnership and improving communication between staff and management. The reward performance is divided into four groups: JCI Team Leader, JCI Team member, Employee of the Month, and Unit of the Month, and will be announced monthly. The recognized staff members for the month of February are:



**JCI Team Member of the Month**  
**Dr. Ayman Khater**  
Consultant Pulmonologist

**JCI Team Leader of the Month**  
Dr. Samir Sally  
**JCI Team Member of the Month**  
Dr. Ayman Khater  
**Employee of the Month**  
Dr. Nizzar Al Attar

**Unit of the Month**  
**Operating Room in**  
**Building 2**

1. Marisol Calilung, CN, RN
2. Analin Horlador, RN



**Employee of the Month**  
**Dr. Nizzar Al Attar**  
Specialist, Obstetrics & Gynecology

3. Mylene Joy Carillo, RN
4. Josephine Raj, RN
5. Sonia Sebastian, RN
6. Maribel Galicianao, RN
7. Shiny Sebastian, RN
8. Raji Josephine, RN
9. Edna Vega, RN
10. Liza George, RN
11. Jovenciana Bayos
12. Michael Alcaraz
13. Rico Manalo
14. Muksud Ullah

## First National Nursing Symposium "Nursing for Quality Care"

Dr. Soliman Fakeeh Hospital, in collaboration with Dr. Soliman Fakeeh College of Nursing & Clinical Sciences conducted the First National Nursing Symposium, on Wednesday, Jan 10, 2007.

More than (22) hospitals & health education institutes from different regions in the Kingdom participated in this symposium, and the number of the participants exceeded (450) people.

### Topics included the guidelines for quality nursing

- ICU Care
- Child Care
- Reproductive Care
- Psychiatric Care
- Problems with Implementation of Nursing Process

The Hospital received approval from the Saudi Council for Health Specialties on this symposium. It was also accredited five hours of continuous medical education with approval number: 1922/2004 on 18/12/1427 H, 7/1/2007.

مستشفى الدكتور سليمان فقيه  
Dr. Soliman Fakeeh Hospital  
مركز الامانة الصحية

Dr. Soliman Fakeeh College of Nursing and Medical Sciences

**First National Nursing Symposium**  
**Under the Theme of**  
**"Nursing Process For Quality Care"**

**Topics:**

1. Nursing Process Approach in:
  - Intensive Care Unit
  - Child Care
  - Maternal Care
  - Psychiatric Care
2. Problems in implementation of nursing process

**Organization Committee:**

1. Prof. Dr. Ahlam AlHamdan, Acting Dean of DSF Nursing College, Chairperson
2. Ms. Silvia Banga, Nursing Supervisor
3. Dr. Hehwan Nohah Eldin, Director of Education Department
4. Dr. Abdelhameed Agius, Director of Public Relations & Media

**Date:** January 10<sup>th</sup> 2007, 9:00 Am  
**Venue:** 7<sup>th</sup> floor, Pediatric Building

**\*\*The symposium is free of charge**

**CME Hours**

**Continuing Education:**  
Nurses Nutrition  
ISSN: 1520-9009 Vol. 23(4) of 2004  
Fax: 02-6602332  
E-mail: jahay@fakeehhospital.com

## DSFH-Siemens Partnership



DSFH and Siemens have signed a partnership agreement for the complete healthcare IT systems syngo Suite (RIS/PACS) and Soarian Medsuite Hospital Information System (HIS) in Saudi Arabia.

The solutions will connect the Hospital's clinical-administrative workflow with the diagnostic-therapeutic processes in radiology. This will allow the Hospital to effectively manage administrative and clinical processes, while increasing overall efficiency, productivity, quality of care across the health care continuum, continuing for several years.

The Soarian Medsuite HIS will enable DSFH to re-engineer processes throughout the entire Hospital, ensuring patient safety while enhancing clinical decision making.